



Centinela Hospital
Medical Center

WHEN IT COMES TO **STROKE**,
BE FAST CALL **911**

Any one of these sudden **SIGNS**
could mean a **STROKE**



Together
to End Stroke™



Balance

Watch for sudden loss of balance



Eyes

Check for vision loss



Face

Look for an uneven smile



Arm

Check if one arm is weak



Speech

Listen for slurred speech



Time

Call **911** right away



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STROKE RISK FACTORS

- High blood pressure
- Atrial fibrillation (A-fib)
- High cholesterol
- Smoking
- Diabetes
- Poor circulation
- Not being active
- Obesity
- Family history of stroke

STROKE IS AN EMERGENCY
BE FAST, Call 911